



Sport Guide

ACTION SPORTS: Action Cricket, Netball, Soc-cer & Hockey. Christa 072 800 5099.

ADVENTURE RACING: Regular adventure racing events in George. Werner Rall 083 444 3748.

ARCHERY / BOOGSKIET: Skakel Johan Bos-hoff 076 604 9264.

AMUTEUR BOKS: Simon Botha 071 74 74 039.

ANGLING: Light Tackle Boat angling.

Freddie 082 560 7311.

BASEBALL CLUBS: Pacaltsdorp, Conville, Mos-sel Bay, Knysna, Beaufort-West and Outdshoorn. Alle belangstellendes welkom.

Kontakpersone: Desmond Speelman 083 521 2821; Hayden van Rooyen 073 130 0645.

BEARS BASEBALL CLUB PACALTSDORP: Oefen dae is Dinsdag en Donderdag. Momé Tait 082 688 9015.

BASS MASTERS: Billy Biljon 082 714 6210

BLADING: Daily training from 14:00 to 17:00. Joseph Miller on 8707235 (am) or 8732808 (pm).

BODY BOARDING: Pat Harris on 082 973 2096.

GEORGE BOOGKLUB: Kobus 079 243 7808 of Koos Venter 082 441 8036.

BOWLS: George Bowls Club (next to Outeniqua Park). Contact 044 873 2055.

* Outeniqua Bowls Club: Basie du Preez on 044 874 7005.

* Wilderness Bowls Club. Contact Roy 044 877 0343.

* George Bowling Club: Alan Mackay 044 870 8529.

BRIDGE: * George Bridge Club: Errol Walker on 044 873 3264 or 072 244 5738.

CRICKET: George Cricket Club: Strauss Viljoen 082 925 7000. *Pacaltsdorp Krieketklub: Enver Be-zuidenhoudt 073 308 7076.

* Krieket vroue: Carina by 082 328 9547.

DEEP SEA ANGLING: Rob Reed 083 412 5206.

DIVING: Electrodiver: Ken on 082 561 1259 or Sue 072 130 9489 | 044 698 1976.

Reef Divers George: Johan v d Merwe 082 820 1864 or 044 873 6762 | johan@reefdivers.co.za

FENCING: Outeniqua Fencing Club: Dawid Bloom 072 914 7586.

FLYFISHING: Southern Cross Fly Fishers. Her-man 082 829 6428 and André Jonck 083 381 6344.

FLYING: George Flight Academy. Chris 084 421 2164.

GEORGE SPORTSKIET KLUB: Kontak Dr. Ray Samuels 072 631 1960 | Viktor le Roux (tesourie) 082 807 6289 | Chris Rossouw (sekr.) 072 246 7834.

GIMNASTIEK: Dolphins Gimnastiekklub: Theuns by 082 329 4521.

GOLF (Short courses): Three Chameleons Short Golf Course 044 876 9988.

* Glenwood Short Golf Course. Ian 082 572 1003.

* Rooirivier Rif Kort Baan Golf Klub elke Saterdag 08h00. Besoekers welkom. Kontak 074 173 0899.

* Rooirivier Golf Klub. Tel 082 841 2803.

HOCKEY: George Hockey Club: Men: Roger Vicente 082 449 6175. Ladies: Sharon Mackenzie 083 557 5120.

HORSE RIDING: George Riding Club, Glen-wood Avenue. Contact Laura on 044 871 3256.

Burnside Equestrian Services, Airport Road, Blanco. Contact Linda Squair 083 476 7292.

KANOVAART: Tuinroetendam.

Hugo Lodder 083 2777 123.

KLEITEIKENSKIET: Outeniqua Kleinteiken Klub: Dirk Postma 082 3771 345.

KNYSNA NETBAL BEGIN: Enige belangstellendes, kontak Joe Nienaber by 083 304 3830.

KRIEKETKLUB - RAMBLERS: Dinsdae tot Donderdae 17:00 - 19:00 (George Hoërskool). Kontak Angus Roelofse 082 789 5321.

KUSHENGEL: Suid-Kaap Kushengel:

Johann Strauss 044 874 7233.

MARTIAL ARTS: Tiger Kai Martial Arts - Sensei Phillip Goodger 083 575 7571 & Sensei Marulin Goodger 083 537 9516.

Anderson's Martial Arts Academy: Shihan Phil Anderson 072 385 0581 or 044 851 0114.

* George Goju Ryu Karate Klub: Sensei Jannie & Rocher le Grange 082 579 3099 or 044 873 3594.

* Wessel's Martial Arts School: Wessel 044 8501255.

* Scorpions Martial Arts Academy - George.

Sensei Sors Grobbelaar 082 589 1763

* T.U.F.F. ACADEMY Mixed Martial Arts. Shihan Joe

083 703 1249.

MODEL SAILING: Radio controlled model yachts: Contact 082 729 8297.

MOTORSPORT: George Motorklub: Vir meer inligting skakel Karin Pick by 8708 338.

* Motocross: Garden Route Motocross Club: 044 870 8259.

NETBAL: George Netbalklub: Adèle van Zyl 082 4374 256. * Evergreens Netbalklub Pacaltsdorp: Doris Moos 076 727 5327. * Knysna Netbalklub: Joe Nienaber 083 304 3830 of 044 884 1336.

PADWEDLOPE: Eden Athletics Club time trial every Wednesday 17:30 from Eden Adventures in Wilderness National Park. * Nedbank Running Club: Time Trials every Tuesday at 17:45 from 35 Airway Road (Bowling Club) Heather Park.

* Outeniqua Harriers: Weekly time trials on Wed at 17:45 from Methodist Church in Plantation Road.

* Rainbow Atletiekklub tydtoets Woensdag om 18:00 by Rosemoor Sportgronde.

PAINTBALL: Ockert 082 566 4202 or 044 874 1238.

PARAGLIDING: Skywings Paragliding Club at Kleinkrantz dunes: Phone 072 199 0622. * Flying at Holiday Inn Wilderness. Deon 082 971 8062.

POOL: Cleveland Pool Club: Henry Erasmus on 072 176 7310 or Tollie on 082 730 3138.

POWERLIFTING: Contact Heinrich Janse van Rensburg on 044 871 2773 or 072 830 7178.

Road running club - herbalife swd: All ages / All sexes welcome to attend Fun Motivational Club. Get together Wednesday's 17:45. Lorenzo 083 458 7842.

NEDBANK RUNNING CLUB SWD: Time Trial at 17:45 from the Outeniqua Bowling Club in Airway Avenue, Heather Park, George. Contact Danie Raubenheimer 083 376 7414.

RUN/WALK FOR LIFE: Van Kervel Sports grounds Mon / Wed 17:30 & Sat 07:30. Gavin Brown 084 550 5511.

RUGBY: George Rugby Klub: Oefening - elke Dinsdag en Donderdag 18h00. Gerrie du Toit 079 880 9748.

SAILING: George Lakes Yacht Club at Island Lake. Contact Evelyn Osborne 044 343 2608.

SKAAK: George Skaakklub: Albert Visagie 072 190 1790 of Hans Ottervanger 082 806 8994.

SKATEBOARDING: Daily sessions: Contact Joseph Miller at 083 780 7235.

SNOEKER: Deon Floris by 082 742 5383.

SOCCER: United Football Club: Jamie Waring 079 774 0741.

SPEARFISHING: Southern Cape Spearfishing: Contact Rudolf Stolze 082 709 1922.

SQUASH: George Squash Club: Riaan 082 789 6565.

SURFING: Anton Joubert on 082 490 4339.

SWIMMING: Fish Eagle Swimming Club: Annatjie Schutte 044 871 3445.

* Masters Swimming Association: Jill Black 083 4205 029.

* Orca Aquatics Swimming Club: Trish Haveman 874 7151.

* Flippers Swimming Club: Contact person: Theo Janse van Vuuren 084 389 5110.

TEAMBUILDING OORLEWINGS KAMP: Jacques 082 213 1952.

TENNIS: George Tennisklub:

Henriëtte Stander 044 871 0490/ 083 437 8153.

* Sedgefield Tennis Club:

Greta van de Wiele 082 080 53 77.

TABLE TENNIS: Every Monday & Wednesday from 19:00 at Sport Club. Contact 044-8700023.

UNDERWATER HOCKEY: George Underwater Hockey Club at Wellness World: Contact Awie de Villiers 079 497 1519.

VARSWATER HENGEL:

Hartebeeskuil Varswater Hengelklub: Skakel Juan by 082 560 7535. Eden Hengelklub: Koos Groenewald 083 991 4697.

VASBYT: SWD Vasbyt Unie: Skakel 044 874 7233.

VOETSLAANKLUBS:

Hak-Tot-Toon Voetslaanklub: Tel / faks 044 874 3673, sel 082 931 7812.

* Berg-en-Dal Voetslaanklub: Wilma van Bochove 083 373 7925.

VEERPYLTJIES: Kontak E. Swanepoel 082 802 8187.

WATER POLO: SWD-WaterPolo: Phillip Swart 084 604 6704.